

URBANDALE COMMUNITY SCHOOL DISTRICT
CURRICULUM FRAMEWORK OUTLINE

SUBJECT:	Vocational Education
COURSE TITLE:	Grade 6 Family and Consumer Sciences
GRADE LEVEL:	6
PREREQUISITES:	None

COURSE DESCRIPTION:

The Urbandale Middle School Family and Consumer Sciences courses are designed to be exploratory in nature, providing all students with a foundation for the total Family and Consumer Sciences Program. Through exposure to a variety of FCS topics and learning experiences, students can develop life-management skills and personal skills assisting them with future vocational and a vocational choices. Sixth grade topics may include: sewing basics, kitchen basics, basic nutrition, and clothing care. The students will have FCS class every day for one quarter of the year, equal to 45 days.

CONTENT STANDARDS AND BENCHMARKS:

In order that our students may achieve the maximum benefit from their talents and abilities, the students of Urbandale Community School District's Grade 6 Family and Consumer Sciences course should be able to . . .

Content Standard I. Demonstrate comprehension, computation, and applied technology skills.

Benchmarks: Apply fundamental sewing and safety principles to a sewing project.
Choose correct procedures to complete a load of laundry.
Apply basic food preparation and nutrition principles to group cooking labs.

Content Standard II. Develop communication, employability, and life-management skills.

Benchmarks: Practice personal responsibility skills.
Recognize how fundamental nutrition information should influence food choices.



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**CONTENT STANDARDS AND COURSE BENCHMARKS WITH INDICATORS
FOR GRADE 6 FAMILY AND CONSUMER SCIENCES:**

Standard I. Demonstrate comprehension, computation, and applied technology skills. Students in Grade 6 Family and Consumer Sciences should be able to ...

Benchmark: Apply fundamental sewing and safety principles to a sewing project.

Indicators: Name and use basic sewing equipment and sewing machine parts.
Apply basic fabric construction concepts.

Benchmark: Choose correct procedures to complete a load of laundry.

Indicators: Name information required by law for a care label.
Apply basic fabric construction concepts.

Benchmark: Apply basic food preparation and nutrition principles to group cooking labs.

Indicators: Demonstrate safe kitchen/cooking procedures.
Investigate importance of Food Guide Pyramid in diet planning.
Use kitchen equipment correctly by demonstrating correct measuring techniques.
Plan and complete group cooking labs.

Standard II. Develop communication, employability, and life-management skills. Students in Grade 6 Family and Consumer Sciences should be able to ...

Benchmark: Practice personal responsibility skills.

Indicators: Demonstrate Pillars of Character.



Practice organizational skills, time management skills, following instructions, and working with others in group projects and foods and nutrition labs.

Benchmark: Recognize how fundamental nutrition information should influence food choices.

Indicators: Recognize nutrition facts through viewing videos and movies.
Use available technology to investigate nutrition facts.
Plan and complete group cooking labs.
Practice organizational skills, time management skills, following instructions, and working with others in group cooking labs.

No student enrolled in the Urbandale Community School District shall be excluded from participation in, be denied the benefits of, or be subjected to discrimination in the District's programs on the basis of race, color, creed, sex, religion, marital status, ethnic background, national origin, disability, sexual orientation, gender identity, or socio-economic background. The policy of the District shall be to provide educational programs and opportunities for students as needed on the basis of individual interests, values, abilities and potential.



