

By the end of 4th grade...

Skills For Learning

- I can organize my time to manage my day.
- I can identify the parts of a SMART goal.

Interpersonal Skills

- I can give an empathetic response to others.
- I can solve a problem in a win-win way.

Ethical Behaviors

- I can describe the point of view of each person in a bullying situation (target, bystander/upstander, bully).
- I can stand up for myself and others.

Intrapersonal Skills

- I can explain how my attitude affects my self-esteem.
- I can give examples of how feedback can help raise or lower my self-esteem.
- I can use coping skills to reject feedback that is destructive.

Career Development Skills

- I can create a career goal based on my dreams.
- I can identify my own personality type.

- I can connect careers with personality types and match them with different career paths.