



Course Title: Family Life	
Course Description: Family Life focuses on several topics affecting families in the 21st century. Students will have the opportunity to explore and discuss a wide variety of topics such as interpersonal relationships, parenting, balancing work and family responsibilities, adapting to life cycle changes and coping with different family crises. Students will also look more in-depth into parenting and the decisions needed to be effective and responsible parents.	
Prerequisite: Child Development with a C or better	
<i>Family Significance</i>	
<u>Reporting Topics</u>	<u>Grade Level Standards</u>
<p>Analyze the effects of family as a system on individuals and society. 6.1</p> <p>EXAMPLE: Family as a System</p>	<p>Analyze family as the basic unit of society. 6.1.1</p> <p>Analyze the role of family in transmitting societal expectations. 6.1.2</p> <p>Analyze the role of family in teaching culture and traditions across the lifespan. 6.1.4</p> <p>Analyze the role of family in developing interdependence, interdependence, and commitment of family members. 6.1.5</p> <p>Analyze the effects of change and transitions over the life course. 6.1.6</p>
<p>Evaluate the effects of diverse perspectives, needs, and characteristics of individuals and families. 6.2</p>	<p>Demonstrate awareness of multiple diversities and their effects on individuals, families, and society. 6.2.1</p> <p>Demonstrate respect for diversity with sensitivity to anti-bias, gender, equality, age, culture, and ethnicity. 6.2.4</p>



<i>Interpersonal Relationships</i>	
<u>Reporting Topics</u>	<u>Grade Level Standards</u>
Analyze functions and expectations of various types of relationships. 13.1	Analyze processes for building and maintaining interpersonal relationships. 13.1.1 Compare physical, emotional, spiritual and intellectual functioning in stable and unstable relationships. 13.1.3 Analyze factors that contribute to healthy and unhealthy relationships. 13.1.4
Analyze personal needs and characteristics and their effects on interpersonal relationships. 13.2	Analyze the effects of personal characteristics in relationships. 13.2.1 Analyze the effect of personal need on relationships. 13.2.2 Analyze the effects of self-esteem and self-image on relationships. 13.2.3 Explain the effects of personal standards and behaviors on interpersonal relationships. 13.2.4
Demonstrate communication skills that contribute to positive relationships. 13.3	Analyze communication styles and their effects on relationships. 13.3.1 Demonstrate verbal and nonverbal behaviors and attitudes that contribute to effective communication. 13.3.2 Demonstrate effective listening and feedback techniques. 13.3.3 Analyze the effects of technology on communications in family, work, and community settings. 13.3.6
Evaluate effective conflict prevention and management techniques. 13.4	Explain how similarities and differences among people affect conflict prevention and management. 13.4.2 Apply the roles of decision making and problem solving in reducing and managing conflict. 13.4.3



Parenting Roles and Responsibilities

<u>Reporting Topics</u>	<u>Grade Level Standards</u>
Analyze roles and responsibilities of parenting 15.1	Analyze parenting roles across the lifespan 15.1.1 Analyze expectations and responsibilities of parenting 15.1.2 Analyze influences of parenting practices on individuals, families, and society. 15.1.3 Analyze societal conditions that influence parenting across the lifespan. 15.1.4
Evaluate parenting practices that maximize human growth and development. 15.2	Analyze nurturing practices that support human growth and development. 15.2.1 Apply communication strategies that promote emotional well-being in family members. 15.2.2 Assess common practices and emerging research about influences of discipline on human growth and development. 15.2.3
Evaluate external support systems that provide services for parents. 15.3	Analyze community resources and services available to families. 15.3.1
Analyze physical and emotional factors related to beginning the parenting process. 15.4	Analyze biological processes related to prenatal development, birth, and health of child and mother. 15.4.1 Analyze social, emotional, and environmental factors to prenatal development and birth in relation to the health of parents and child. 15.4.2 Analyze alternatives to biological parenting. 15.4.3